

12 TRADITIONS OF ADULTS ABUSED AS CHILDREN ANONYMOUS

Tradition 1: Our common welfare should come first; personal progress for the greatest number depends upon ADULTS ABUSED AS CHILDREN ANONYMOUS unity.

Tradition 2: For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Tradition 3: Adults Abused As Children, when gathered together for mutual aid, may call themselves an ADULTS ABUSED AS CHILDREN ANONYMOUS group, provided that, as a group, they have no other affiliation. The only requirement for ADULTS ABUSED AS CHILDREN ANONYMOUS membership is a desire to heal from the past abuse.

Tradition 4: Each group should be autonomous, except in matters affecting another group or ADULTS ABUSED AS CHILDREN ANONYMOUS as a whole.

Tradition 5: Each group has but one primary purpose – to carry its message to the Adults Abused As Children who still suffer. We do this by practicing the 12 Steps of ADULTS ABUSED AS CHILDREN ANONYMOUS ourselves.

Tradition 6: An Adult Abused As Children Anonymous group ought never endorse, finance, or lend our name to any outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Tradition 7: Every ADULT ABUSED AS CHILDREN ANONYMOUS group ought to be fully self-supporting, declining outside contributions.

Tradition 8: ADULTS ABUSED AS CHILDREN ANONYMOUS should remain forever non-professional, but our service centers may employ special workers.

Tradition 9: ADULTS ABUSED AS CHILDREN ANONYMOUS groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Tradition 10: ADULTS ABUSED AS CHILDREN ANONYMOUS has no opinion on outside issues; hence our name ought never be drawn into public controversy.

Tradition 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV, films, and other public media.

Tradition 12: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.